



Heads Up!

Division of Facilities, Engineering and Architectural Services
July 16, 2010

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GA VALUES

*Leadership
*Collaboration

*Accountability
*Foresight

*Stewardship
*Integrity

*Partnership

E&AS' MISSION

E&AS is committed to using our professional expertise, knowledge, and skills to meet the needs of our customers.

E&AS' STANDARDS

E&AS builds public facilities that are: of enduring quality, energy efficient, environmentally conscious, operationally effective, and universally accessible.

Reminders:

- **August 6** – Temporary Lay-Off
- **August 13** – E&AS Annual Picnic, Tumwater Historical Park, 11:30

ENERGY SAVINGS PERFORMANCE CONTRACTING GUIDELINES NOW ON THE WEB

In the 2010 Special Legislative Session, GA was directed to develop guidelines for Energy Savings Performance Contracting (ESPC) (ESHB 2836, Section 6002). The directive was put into GA's capital budget proviso in order that a set of consistent standards would exist for implementation of energy savings performance contracting projects in Washington State. Energy staffers Kirsten Wilson, Bob Johnson, and Doug Kilpatrick, led by program manager Roger Wigfield developed a new set of guidelines and completed the job by the June 30 deadline. The guidelines now represent a touchstone for public-sector clients pursuing energy efficiency improvements through ESPC, whether those projects are done through GA or through their own project management.

Significant thanks go out to Sharon Case, Kathi Fyfe, and Steve Valandra for extensive editing and formatting to make the guidelines as readable and user friendly as possible. The guidelines are accessible through the Energy Program webpage at: <http://www.ga.wa.gov/EAS/epc/ESPCGuidelines.pdf>.

Contact: Roger

CPARB'S PROJECT REVIEW COMMITTEE MEETING JULY 22 - 9:00

The meeting will be held at the Northwest Carpenters Facility, 25120 Pacific Highway South in Kent. The agenda includes:

- Public Comments
- Approval of Agenda and Previous Meeting Minutes
- 2 Recertification Application Reviews: University of Washington and Washington State University
- 3 Project Application Reviews for Design-Build: Sound Transit South Link Project; City of Everett, WPCF, Phase C Expansion; City of Everett Municipal Court Building
- Application Review Post Mortem, Set Next Meeting Agenda

PHIL PERSON RETURNS FROM MILITARY LEAVE AND JOINS GA/DSHS TEAM

On July 14, Phil Person returned to E&AS after seven years of Military Leave. He is taking over Chuck Cole's duties on the GA/DSHS Team managing projects at Naselle Youth Camp, Maple Lane School, and other facilities as we readjust workloads. Phil brings more than seven years executive and senior management experience in the US Army, over eight years of project and facilities management experience in Washington State government service, and over 12 years of prior military experience serving in general and mid-level management positions. Before he was recalled into the military, Phil worked for GA and was part of the Plant Operations Support Consortium. Phil can be reached by phone at 902.7581 and via email at Phillip.Person@dshs.wa.gov. Welcome back Phil!

SAFETY, HEALTH, AND WELLNESS CORNER

Now that summer is finally here, we need to take care of our skin when out in the sun. Stay safe while having fun in the sun. See the sunscreen tips below:

1. **Apply Thick and Often.** The recommended application for adequate protection is a handful per person per session. Someone may think they are applying SPF15, say, but if they don't use the correct amount then it may only be equivalent to SPF8.
2. **Apply correctly.** Sunscreen should be applied to clean, dry skin 30 minutes before exposure to the sun which allows it time to absorb properly.
3. **Reapply.** Perspiration, exercise, swimming and towel-drying removes sun creams from the skin so you should reapply after taking part in any of these activities, even if the product is waterproof.
4. **Cover up** in the sun with loose cotton clothing, a wide-brimmed hat and sunglasses with UV protection.
5. **Budget brands** are just as effective as the more expensive brands.
6. **Take time out in the shade** between 11:00 a.m. and 3:00 p.m. when the sun is strongest, but still apply sun screen because sand, concrete and water can reflect harmful rays.
7. **Everyday use** of sunscreen lotions on your face and back of the hands will limit the chances of developing dry leathery skin, wrinkles, mottling and other signs of premature aging and skin cancer.
8. **Use a "broad spectrum" sunscreen** with a sun protection factor of at least 15 to protect against harmful UVA and UVB rays.
9. **Overcast weather** still requires sunscreen in summer because 80 percent of ultra-violet radiation is still present on cloudy days.
10. **Children and babies** need greater protection so use specially formulated sunscreen for kids ranges with gentler ingredients and higher SPFs.
11. **Waterproof or water-repellent** sunscreen should be used if you go for a swim. Remember to reapply after you "air-dry." If you use a towel reapply sooner.
12. **Last year's sunscreen** may not be safe to use, both heat and bacteria damage sunscreens.
13. **Sunscreens with a high SPF factor** should not cause you to stay in the sun longer, since you'll be exposed to more UVA rays.

CAUSE FOR APPLAUSE

Kudos to **Phil Timpke** and **Elizabeth Kittas** for managing GA/DSHS projects in the interim between Chuck Cole's retirement and Phil Person's joining the Team.

Kent Nugen and Pebble Hernandez send a big thank you to **Laura Haima** for providing contract specialist support to Team C while Pebble was out on vacation. The thanks extend to **Heidi Rivas** who assisted Laura with bid openings. They did a great job and we really appreciate their support!

MINORITY AND WOMEN BUSINESS ENTERPRISE (MWBE) ARCHITECTS AND ENGINEERS

This week's featured M/WBE design firm is **Spring Environmental, Inc.** Please read the information below. *For more information about this firm visit their website.*

Owner/Contact

Beth Fifield Hodgson, P.E. and Barbara Lynn Guzman, esq., Owners

Beth Hodgson, Main Contact
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Please follow the link: www.springenvironmental.com

Introduction/Firm Overview

Spring Environmental is an environmental consulting company specializing in air pollution issues and dedicated to providing quality technical services to all our clients. We enjoy a reasonably flat corporate structure and rely on conscientious professionals to effectively provide services to our clients.

Spring Environmental provides environmental and safety consultation and engineering services for regional manufacturing and service firms; supporting companies in attaining and maintaining compliance with applicable environmental and safety regulations.

Number of Employees: 6

Certification Number: W2F6015590

Licenses: Professional Engineers – Beth Hodgson & Nichol Pettis
Engineer in Training – Charleston Ramos

Clients Short List

- Central Pre-Mix Management Company (Spokane, WA)
- Honeywell International (Pekin, IL)
- Ponderay Newsprint (Usk, WA)
- Shields Bag & Printing (Yakima, WA)
- Stimson Lumber Company (Portland, OR)